

## **PREVOTELLA & BACTEROIDES**

This map shows countries where the ratio of Bacteroides and Prevotella has been measured. Bacteroides predominates in "Westernized" countries, where people tend to eat more meat and food containing higher amounts of fat. In non-Westernized countries there is typically a higher abundance of Prevotella, which is found to be higher in people who eat a more vegetable-based diet.

